October 2018



## SUBSTANCE USE PREVENTION PARTNERSHIP

This is the monthly newsletter of the SUPP Coalition. We share information and updates central to our mission: To strengthen our communities to support alcohol and drug free youth in Lincoln County.

### **Next SUPP Coalition Meeting:**

Tuesday, October 23 at 7:30-9 am, Wiscasset Community Center



# Job Posting: Project Coordinator for Substance Use Prevention Programs

Healthy Lincoln County is searching for a Project Coordinator for our Substance Use Prevention programs. This is a 32 hr/week position based in Damariscotta. Familiarity with Lincoln County is a plus! Competitive pay and benefits.

Full Details Can Be Found Here!

#### SEPTEMBER STICKER SHOCK SUCCESS



On September 26th, Lincoln County students collaborated with local law enforcement and retail establishments to host a Sticker Shock event. Hannaford, Mr. Mike's and Rite Aid all received a visit from local students to help remind customers that it's illegal to provide alcohol to minors. We would like to extend a special thanks to students from Lincoln Academy, the <u>Central Lincoln County YMCA's</u> Karen-Ann Hagar, the <u>Damariscotta Police</u> <u>Department's Chief Warlick, and the Lincoln</u> County Sheriff's Officer Gilbert. Also, a very special thank you to our stores for opening their doors and being partners in preventing underage drinking!

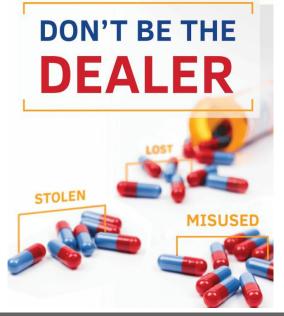
If you'd like to learn about Sticker Shock, email director@healthylincolncounty.org

### National Red Ribbon Week: October 23-31

The <u>National Red Ribbon Campaign</u> is an awareness and prevention event organized by the National Family Partnership. The Red Ribbon Campaign began in 1985 after the murder of a DEA Agent. In response, many upset parents and youth joined forces and began wearing red ribbons as a way to show commitment to raising awareness of the death and destruction caused by drugs in America. The first Red Ribbon Celebration began in 1988 as a way to mobilize communities, educate youth and encourage participation in drug prevention efforts. This year's Red Ribbon Week will run from October 23rd to the 31st with the theme "Life is your journey. Travel drug free." Adults and youth are encouraged to the <u>National Red Ribbon</u> <u>Campaign Pledge</u> and be part of the change towards a drug free nation.



### National Prescription Drug Take Back Day- October 27



The National Prescription Drug Take Back Day is a country-wide event that addresses a growing public health issue. Healthy Lincoln County is teaming up with local partners including health centers and law enforcement to make this Drug Take Back Day as accessible as possible.

Many misused prescriptions are obtained through family and friends, often from their home medicine cabinets. Help make a stand against prescription drug misuse by turning in your unused or expired medication for safe disposal.

For more information on Drug Take Back Day, visit the <u>DEA's website</u>.

Not in Lincoln County? <u>Click here</u> to find a collection site near you.

## LINCOLN COUNTY INSIGHT:



Due to **prevention** strategies in Maine communities, the percentage of our high school students who report that their friends would not approve of prescription drug misuse has increased from 82% in 2013 to 87% in 2017.



### SAVE THE DATE

### 2018-2019 COALITION MEETINGS

\*Locations will be announced prior to meetings.

November 15<sup>th</sup> from 2:30 – 4pm

December 11<sup>th</sup> from 7:30 – 9am

January 17<sup>th</sup> from 2:30 – 4pm

February 19<sup>th</sup> from 7:30 – 9am

March 21<sup>st</sup> from 2:30 – 4pm

**Bi-Annual Drug Take Back Day** 



April 16<sup>th</sup> from 7:30 – 9am

**May 16<sup>th</sup>** from 2:30 – 4pm

June 18<sup>th</sup> from 7:30 – 9am

Participating Locations Include: Boothbay Harbor Town Office LincolnHealth, Miles Campus in Damariscotta Sheepscot Valley Health Center in Coopers Mills Waldoboro Town Office Wiscasset Police Department

### Visit our Website

Healthy Lincoln County 280 Main Street | PO Box 1287 | Damariscotta, ME 04543 (207) 563-1330

#### STAY CONNECTED

